

**HOLISTIC  
HONEY AUSTRALIA PTY LTD**



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**CHOOSE  
THE HOLISTIC  
APPROACH**

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**NOURISHING HONEY  
FOR EMOTIONAL BALANCE**

## 100% AUSTRALIAN PURE RAW HONEY

- Great Antioxidant
- Natural Anti-Inflammatory
- Antibacterial Properties
- Help for Digestive Issues
- Powerful Probiotic



## AUSTRALIAN BUSH FLOWER ESSENCES

The Bush Flower Remedies help to develop a higher level of intuition, self-esteem, spirituality and creativity. The essences give to the individual access to the wisdom of the Higher Self releasing negative beliefs held in the subconscious mind.

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## PURE INGESTIBLE ESSENTIAL OILS

Essential oils are 50-70 times more strong than using the complete plant, making them strong healers on the emotional, mental and spiritual levels. During emotional suffering and uncertainty, they are great helpers, guardians and allies to guide you through challenging times.



## "POWER"

- **Condition:** Drained, unhappy, unmotivated.
- **Outcome:** Gives you back enthusiasm, confidence and empowerment.
- **Affirmation:** "Today I choose empowerment, energy and joy".



INGREDIENTS: Pure Raw Honey, Formula of Australian Bush Flower Essences, Essential Oils of Ginger, Peppermint, Grapefruit, Cinnamon.



INGREDIENTS: Pure Raw Honey, Formula of Australian Bush Flower Essences, Essential Oils of Chamomile, Bergamot, Green Mandarin.

## "QUIET"

- **Condition:** Overcommitted, impatience, overthinking.
- **Outcome:** Gives you back calmness and clarity, inner peace.
- **Affirmation:** "Today, no person, place, or thing can affect me. Today I choose to be at peace".

## "FOCUS ON YOURSELF"

1 x QUIET  
1 x POWER



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## "LET GO"

- **Condition:** During major life changes, grief, emotional baggage.
- **Outcome:** Ability to cope and move on, strengthen your will.
- **Affirmation:** "I know that old, negative patterns no longer limit me let them go with ease".



INGREDIENTS: Pure Raw Honey, Specific Mix of Australian Bush Flower Essences, Essential Oils of Lemongrass, Grapefruit, Bergamot.



INGREDIENTS: Pure Raw Honey, Formula of Australian Bush Flower Essences, Essential Oils of Frankincense, Copaiba, Peppermint.

## "DIRECTION"

- **Condition:** Feeling stuck, creativity blockage, frustration.
- **Outcome:** Gives you back clarity, courage, creative visualisation.
- **Affirmation:** "Today I have the courage to choose and live my dreams".

## "ENHANCE YOUR GROWTH"

1 x LET GO  
1 x DIRECTION



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## "BALANCE"

- **Condition:** Emotional imbalance, uneasiness, mood swings.
- **Outcome:** Feeling balanced and centred again.
- **Affirmation:** "Deep at the centre of my being is an infinite well of love".



INGREDIENTS: Pure Raw Honey, Specific Mix of Australian Bush Flower Essences, Essential Oils of Lemon, Wild Orange, Green Mandarin.



INGREDIENTS: Pure Raw Honey, Formula of Australian Bush Flower Essences, Essential Oils of Cinnamon, Juniper Berry.

## "S.O.S"

- **Condition:** Drained, unhappy, unmotivated.
- **Outcome:** Gives you back enthusiasm, confidence and empowerment.
- **Affirmation:** "Today I choose empowerment, energy and joy".

## "FIND YOUR CENTRE"

1 x S.O.S  
1 x BALANCE



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NEW PRODUCT · NEW PRODUCT ·

**100%**

**AUSTRALIAN MADE  
CERTIFIED 600+ MGO  
MANUKA HONEY**



INGREDIENTS: Certified 600+ MGO Australian Manuka Honey, Formula of Australian Bush Flower Essences, Essential Oils of Fennel, Cardamom, Anise.

## "ABSOLUTE"

- **Condition:** Low Self Esteem, Guilt, Lack of Self Respect, Negative Self Judgment, Feeling Wrong.
- **Outcome:** Confidence, Personal power, True to one's self, Self Acceptance, Kindness to Self.
- **Affirmation:** "I Accept all of Me Unconditionally".

- **600+ MGO Certified Manuka Honey** from Byron Bay, combined with **Australian Bush Flower Essences & Pure Essential Oils.**
- **For the Body:** a great antibacterial, antiviral, anti-inflammatory and antioxidant supplement.
- **For the Mind & the Spirit:** this unique blend of **Flower Essences** brings out the **positive qualities within you, your self esteem, self love and self confidence.**

